

## 100 Hour Yoga Teacher Training in Rishikesh

Contact: Akshi Yogshala

Email: [akshiyogashalarishikesh@gmail.com](mailto:akshiyogashalarishikesh@gmail.com)

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Address: **Swarg Ashram, Near Ram Jhula, Rishikesh, Uttarakhand-249304, India, Rishikesh**

Price: **550.00 \$**

100 Hour Yoga Teacher Training in Rishikesh: The 100 Hour Yoga Teacher Training in Rishikesh offers an immersive experience for aspiring yoga instructors and enthusiasts alike, set against the stunning backdrop of the Himalayas. This program is designed to deepen one's understanding of yoga philosophy, postures (asanas), breathing techniques (pranayama), and meditation practices while fostering personal growth and self-awareness. Participants will engage with seasoned instructors who bring a wealth of knowledge drawn from various schools of thought within the yogic tradition. Daily classes blend physical practice with theoretical sessions that explore anatomy, alignment principles, and teaching methodologies tailored for different student needs. Nestled by the sacred Ganges River, students benefit from serene surroundings that enhance their learning journey as they build confidence to lead classes themselves. The course also emphasizes ethical teaching practices rooted in ancient yogic texts, ensuring that graduates leave not only skilled but also inspired to share their passion for yoga with others around the world.

<p><b>100 Hour Yoga Teacher Training in Rishikesh</b>                  Akshi Yogshala  <a href="mailto:akshiyogashalarishikesh@gmail.com">akshiyogashalarishikesh@gmail.com</a>  <a href="https://tinyurl.com/2buspeo8">https://tinyurl.com/2buspeo8</a></p>	<p><b>100 Hour Yoga Teacher Training in Rishikesh</b>                  Akshi Yogshala  <a href="mailto:akshiyogashalarishikesh@gmail.com">akshiyogashalarishikesh@gmail.com</a>  <a href="https://tinyurl.com/2buspeo8">https://tinyurl.com/2buspeo8</a></p>	<p><b>100 Hour Yoga Teacher Training in Rishikesh</b>                  Akshi Yogshala  <a href="mailto:akshiyogashalarishikesh@gmail.com">akshiyogashalarishikesh@gmail.com</a>  <a href="https://tinyurl.com/2buspeo8">https://tinyurl.com/2buspeo8</a></p>	<p><b>100 Hour Yoga Teacher Training in Rishikesh</b>                  Akshi Yogshala  <a href="mailto:akshiyogashalarishikesh@gmail.com">akshiyogashalarishikesh@gmail.com</a>  <a href="https://tinyurl.com/2buspeo8">https://tinyurl.com/2buspeo8</a></p>	<p><b>100 Hour Yoga Teacher Training in Rishikesh</b>                  Akshi Yogshala  <a href="mailto:akshiyogashalarishikesh@gmail.com">akshiyogashalarishikesh@gmail.com</a>  <a href="https://tinyurl.com/2buspeo8">https://tinyurl.com/2buspeo8</a></p>	<p><b>100 Hour Yoga Teacher Training in Rishikesh</b>                  Akshi Yogshala  <a href="mailto:akshiyogashalarishikesh@gmail.com">akshiyogashalarishikesh@gmail.com</a>  <a href="https://tinyurl.com/2buspeo8">https://tinyurl.com/2buspeo8</a></p>	<p><b>100 Hour Yoga Teacher Training in Rishikesh</b>                  Akshi Yogshala  <a href="mailto:akshiyogashalarishikesh@gmail.com">akshiyogashalarishikesh@gmail.com</a>  <a href="https://tinyurl.com/2buspeo8">https://tinyurl.com/2buspeo8</a></p>	<p><b>100 Hour Yoga Teacher Training in Rishikesh</b>                  Akshi Yogshala  <a href="mailto:akshiyogashalarishikesh@gmail.com">akshiyogashalarishikesh@gmail.com</a>  <a href="https://tinyurl.com/2buspeo8">https://tinyurl.com/2buspeo8</a></p>	<p><b>100 Hour Yoga Teacher Training in Rishikesh</b>                  Akshi Yogshala  <a href="mailto:akshiyogashalarishikesh@gmail.com">akshiyogashalarishikesh@gmail.com</a>  <a href="https://tinyurl.com/2buspeo8">https://tinyurl.com/2buspeo8</a></p>	<p><b>100 Hour Yoga Teacher Training in Rishikesh</b>                  Akshi Yogshala  <a href="mailto:akshiyogashalarishikesh@gmail.com">akshiyogashalarishikesh@gmail.com</a>  <a href="https://tinyurl.com/2buspeo8">https://tinyurl.com/2buspeo8</a></p>
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