Nancy Spears Consulting

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https://www.freelocalclassifiedads.us/murfreesboro/services/beauty-health/nancy-spears-consulting_i5283386

Address: **1535 W Northfield Blvd STE 3, Murfreesboro, TN 37129, USA, Murfreesboro, TN**
Price: **37,129.00 $**

Nancy Spears Consulting: My practice is dedicated to stimulating emotional and relational health and well-being for couples, individuals, families, and other significant relationships. I specialize in helping clients gain insight and awareness; implement healthy boundaries; communicate and resolve conflict in a rational, productive manner; overcome and/or develop coping skills for major life challenges and transitions (e.g. - job loss, divorce, serious illness, mental/physical disabilities, grief/bereavement, emotional trauma); and to experience a more balanced and satisfying life. Drawing from an interactive, forward-moving, solutions-focused approach to therapy, I serve a broad spectrum of clients, emphasizing a client's strengths to achieve their desired growth potential. Complementary modalities and techniques are implemented to personally tailor therapy to each client’s individual needs.

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